

## CPR Instruction in San Bernardino County

	CPR instruction	Address	City	Phone	Website
<b>Apple Valley</b>	American Red Cross: High	16248 Desert Knoll Drive	Victorville	(760)245-6511	www.hd-redcross.webs.com
	Town of Apple Valley: Par	14955 Dale Evans Parkway	Apple Valle	760-240-7880	<a href="http://www.applevalley.org">www.applevalley.org</a>
<b>Adelanto</b>	American Red Cross: High	16248 Desert Knoll Drive	Victorville	(760)245-6511	www.hd-redcross.webs.com
<b>Barstow</b>	American Red Cross: High	16248 Desert Knoll Drive	Victorville	(760)245-6511	www.hd-redcross.webs.com
<b>Big Bear</b>	American Red Cross: High	16248 Desert Knoll Drive	Victorville	(760)245-6511	www.hd-redcross.webs.com
<b>Chino</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
	Chino Valley Fire District			(909) 902-5260	
	City of Chino Parks and Recreation Department			(909) 591-9834	
<b>Chino Hills</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
	Chino Valley Fire District			(909) 902-5260	
<b>Colton</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
<b>Fontana</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
<b>Grand Terrace</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
<b>Hesperia</b>	American Red Cross: High	16248 Desert Knoll Drive	Victorville	(760)245-6511	www.hd-redcross.webs.com
<b>Highland</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
<b>Loma Linda</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
<b>Montclair</b>	American Red Cross: Inland Empire Chapter			(909) 986-6651	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
	Baldy View ROP			(909) 624-0063	
<b>Needles</b>	American Red Cross: High	16248 Desert Knoll Drive	Victorville	(760)245-6511	www.hd-redcross.webs.com
<b>Ontario</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
	City of Ontario			(909) 395-2020	<a href="http://www.ci.ontario.ca.us">www.ci.ontario.ca.us</a>
	Ontario Fire Department			(909) 395-2002	
<b>Rancho Cucamonga</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
	City of Rancho Cicamonga Community Services Department			(909) 477-2765	
<b>Redlands</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
	City of Redlands	35 Cajon Street	Redlands		
<b>Rialto</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
<b>San Bernardino</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
<b>Twentynine Palms</b>	American Red Cross	58923 Business Ctr. Dr.(Mont	Yucca Valle	760-365-5501	<a href="http://www.morongobasin-redcross.org">www.morongobasin-redcross.org</a>
<b>Upland</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
	City of Upland			(909) 931-4280	
<b>Victorville</b>	American Red Cross: High	16248 Desert Knoll Drive	Victorville	(760)245-6511	www.hd-redcross.webs.com
<b>Yucaipa</b>	American Red Cross: Inla	202 W. Rialto Ave.	San Bernar	909-888-1481	<a href="http://www.arcinlandempire.org">http://www.arcinlandempire.org</a>
<b>Yucca Valley</b>	American Red Cross	58923 Business Ctr. Dr.(Mont	Yucca Valle	760-365-5501	<a href="http://www.morongobasin-redcross.org">www.morongobasin-redcross.org</a>

## Swim Instruction in San Bernardino County

	Swim instruction	Address	City	Phone	Website
<b>Apple Valley</b>	Town of Apple Valley: Parks and Re	14999 Dale Evans Parkway	Apple Valley	760-240-7880	<a href="http://www.applevalley.org">www.applevalley.org</a>
<b>Adelanto</b>					
<b>Barstow</b>	City of Barstow	220 East Mountain Ave.	Barstow	760-256-5617	<a href="http://www.barstowca.org">www.barstowca.org</a>
<b>Big Bear</b>					
<b>Chino</b>	Chino Valley YMCA	5665 Edison Ave.	Chino	(909) 597-7445	<a href="http://www.westendymca.org">www.westendymca.org</a>
	City of Chino Parks and Recreation	Carol Owens Community Ce	Chino	(909) 591-9834	
<b>Chino Hills</b>	City of Chino Hills	14000 City Center Drive	Chino Hills	909-364-2600	<a href="http://www.chinohills.org">www.chinohills.org</a>
	Chino Valley YMCA	5665 Edison Ave.	Chino	(909) 597-7445	<a href="http://www.westendymca.org">www.westendymca.org</a>
<b>Colton</b>	City of Colton	Gonzales Center, 670 Colton	Colton	909-370-6153	
<b>Fontana</b>	Rancho Cucamonga/ Fontana Fami	11200 Baseline Rd	Rancho Cucamo	(909) 987-0777	<a href="http://www.westendymca.org">www.westendymca.org</a>
<b>Grand Terrace</b>	City of Grand Terrace	Terrace Middle School	Grand Terrace	(909) 824-6621	<a href="http://www.cityofgrandterrace.org">www.cityofgrandterrace.org</a>
<b>Hesperia</b>					
<b>Highland</b>	Highland Family YMCA	7793 Central Ave	Highland	(909) 425-9622	<a href="http://www.ymcaeastvalley.org">www.ymcaeastvalley.org</a>
<b>Loma Linda</b>					
<b>Needles</b>	City of Needles Aquatic Center		Needles	(760) 326-3866	<a href="http://www.cityofneedles.com/">http://www.cityofneedles.com/</a>
<b>Ontario</b>	City of Ontario		Ontario	(909) 395-2020	
<b>Rancho Cucamonga</b>	Rancho Cucamonga/ Fontana Fami	11200 Baseline Rd	Rancho Cucamo	(909) 987-0777	<a href="http://www.westendymca.org">www.westendymca.org</a>
	City of Rancho Cucamonga		Rancho Cucamo	(909) 477-2765	
<b>Redlands</b>	Redlands Family YMCA	500 East Citrus Avenue	Redlands	(909) 798-9622	<a href="http://www.ymcaeastvalley.org">www.ymcaeastvalley.org</a>
<b>Rialto</b>					
<b>San Bernardino</b>	Uptown Family Branch YMCA	808 E. 21st Street	San Bernardino	(909) 881-9622	<a href="http://www.ymcaeastvalley.org">www.ymcaeastvalley.org</a>
<b>Twentynine Palms</b>	City of Twentynine Palms	6136 Adobe Rd.	Twentynine Palm	(760) 367-6799	<a href="http://www.ci.twentynine-palms">http://www.ci.twentynine-palms</a>
<b>Upland</b>	City of Upland		Upland	(909) 931-4280	
<b>Victorville</b>	City of Victorville				
<b>Yucaipa</b>					
<b>Yucca Valley</b>	City of Yucca Valley	57090 Twentynine Palms Hig	Yucca Valley	(760) 369-7207	<a href="http://www.yucca-valley.org">www.yucca-valley.org</a>